



## Activity Week Extra Protective Measures Information

We have put all these procedures in place to help ensure that your child/children has/have a fantastic week at White Hall doing as many exciting and fun activities as possible. We have risk assessed the activity weeks in relation to minimising the risk of Coronavirus (Covid -19) and have put in place procedures to implement protective measures. If you have attended one of these weeks before you will see some changes to the previous procedures.

Please read the following information and share with your children who are attending the activity weeks. Please can you also sign and return the attached form which has supplementary information to the standard consent form. The form can be emailed, posted or dropped in at White Hall on the first day of the activity week.

Please do not let your child/children attend if they or anyone in your household has Coronavirus (Covid-19) symptoms.

If a child tests positive for Covid-19 then we must be told and the child needs to follow isolation procedures at home. We will inform parents of a positive case but will not identify an individual or family. The relevant bubble will be sent the current procedure to follow after being in contact with a positive Covid-19 case. If a child shows symptoms whilst at White Hall, parents will be contacted and asked to collect their child immediately. Please ensure your emergency contact details are up to date.

### During the activity week:

- Children will be directed to wash their hands regularly throughout the day. They will be sensitively encouraged to keep good distance, as best they can, from others.
- Please reinforce to importance of regular hand washing. Our instructors will carry hand sanitiser and we ask that every child has a small bottle of this with them as well.
- Ensure good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach.
- Minimise contact between individuals and maintain social distancing wherever possible.
- Where necessary, wear appropriate personal protective equipment (PPE).

We will continue enhanced cleaning at the centre, including cleaning frequently touched surfaces such as door handles, light switches, tables, wash basins, toilets and showers often.

We have reduced the capacity of the activity weeks. There will be two instructors with each group. If your child/children are attending with friends, please can you let us know in case we have not got that information.



## What happens when we arrive at White Hall in the morning?

Please do not bring your child/children any earlier than 09.30. If you get there before then please can you wait in your car until 09.30.

**Day 1:** The following will only happen on this day. Please wait with your child/children outside the house. Our instructors will sign all the children in and take them to wash their hands and go to their base for the week. We will let you know where their base is for the week.

Each group will be a bubble for the whole course and will be kept separate from other groups.

**Day 2 onwards:** When the children are dropped off at 09:30 they should go straight to their group base, where they will be met by their instructor. If you would like to talk to the instructor for any reason, please do go with your child to see them.

## What happens at the end of the day?

Please collect your child/children by 4.30pm. We do understand that there might be an occasion where you are held up; please can you 'phone White Hall on 01298 23260 if you think this is going to be the case.

Please do not enter the centre. You are welcome to wait outside, keeping socially distanced, or in your cars. Our instructors will bring the children to you and sign them out. If they need to share any information about the day or the next day they will do so during this time.

## Personal kit

Please ask your child to keep all their kit that they bring with them each day together, so we don't have clothes etc. all over the place. We won't be using the drying room so they will need to bring a plastic bag to put any wet clothing in to take home. Please can items be labelled with their name. Please bring a face covering if over 11 years old.

If your child has a pair of wellies, please bring them.

## White Hall Equipment

We will issue everyone with waterproof jacket and trousers, and a pair of walking boots unless you want your child to use their own. There are some activities where it is better to use our waterproofs as they also act as a protective layer over clothes.

Each child will also be given a helmet and harness for the duration of the course. This is to eliminate the need to put equipment in 'quarantine' for 72 hours after each use.

The 'Bag for Life' will be to keep their White Hall equipment in. Please label the bag with the child's name.

## Snacks, drinks and packed lunch

Please can you ask your child not to share any food or drinks during their days here unless they are from the same household. Where possible we will eat lunch outside. If that is not possible, each group will use their bases.

## Activities

We have risk assessed all the activities in line with covid-19 guidelines and are following the guidance of the national governing bodies. This means that there are some activities that we may be unable to do.

The activities we do either, allow us to be socially distanced or to adapt them for this. For safety reasons there may be occasions where we will need to be closer than 2m, but we have planned the activities to avoid this wherever possible. If we need to administer first aid, we will need to be closer than 2m.

Shower facilities will be available after wet activities. Please explain to your child/children the importance of putting all their wet clothes straight into a plastic bag, and not leaving anything in the changing rooms.

## Minibus travel

To enable us to go to different venues for activities we will be using our minibuses. Children will be asked to sit on separate rows, unless they are from the same family, in which case they can sit together. In line with DCC minibus policy we will ask everyone to wear a face covering or buff if over 11 years old.

## Spending Money

We usually have an opportunity to stop somewhere for an ice cream and drink. We also have a tuck shop at White Hall which sells a few souvenirs and snacks. If you would like your child to bring money please can it be in a named purse or wallet.

H;Covid-19/Summer Activities/Extra Protective Measures