



## Brief Description

Stream scramble is an adventurous journey exploring a local stream with lots of challenges along the way, a very wet activity (for the young people!)

## PSHE and Wider Learning Outcomes

- Physical and mental health
- Tolerance and respect for others
- Working as a member of a team
- Independence and self-reliance

## Session Objectives

By the end of the session, students will

- Understand how streams play on impact on the environment
- Explore a wild place
- Developed Teamwork and helping others attitudes
- Challenged themselves and have a good experience of resilience

## National Curriculum Outcomes

**Forces:** explain that unsupported objects fall towards the Earth because of the force of gravity acting between the Earth and the falling object. Identify the effects of air water resistance and friction, that act between moving surfaces

**PE:** Develop strength, control and balance

**Geography:** Understand key aspects of physical geography including rivers

## Progression / Differentiation

The venues we use have plenty of scope to adapt to the groups needs and to challenge them appropriately.

## Vocabulary

**Geography words:** Stream, river, reservoir, rhododendrons, rocks, flow, valley

**Activity words:** Slippery, awareness, spotting, safety

**Team work words:** Encouragement, listening, support, achievement, communication