



Brief Description

Rock scramble is a fantastic adventure that combines climbing, walking and crawling to overcome challenging terrain on a journey at a local crag.

PSHE and Wider Learning Outcomes

- Physical and mental health
- Responsibility
- Working as a member of a team
- Independence and self-reliance
- Encouragement and support

Session Objectives

By the end of the session, students will

- Have a good sense of achievement
- Learn about the natural environment
- Explored a wild place
- Developed Teamwork
- Challenged themselves and have a good experience of resilience

National Curriculum Outcomes

Evolution and Inheritance: Identify how animals and plants are adapted to suit their environment in different ways and that adaptation may lead to evolution

English: Listening and Discussing. Taking turns and listening to what others say.

Geography: describe and understand key aspects of: rivers, mountains, settlement and land use, economic activity, the distribution of natural resources, energy, food, minerals and and the water cycle

Progression / Differentiation

The venues we use have plenty of scope to adapt to the groups needs and to challenge them appropriately.

Vocabulary

Geography words: Geology, gritstone, lichen, moss, gully, boulders, ledges, buzzard, grouse, heather, bracken

Activity words: Spotting, smearing, foot and hand holds, chimney, slab

Team work words: Encouragement, listening, support, achievement, communication