



Brief Description

A residential at White Hall gives young people the chance to have new experiences through exciting outdoor activities and communal living. The young people will have shared experiences of living together, achieving success through challenge and team work, all the while learning about the environment around them and their impact upon it.

PSHE and Wider Learning Outcomes

- Independence and self-reliance
- Acquisition of life skills
- Tolerance and respect for others
- Experience new environments and learn about our impact on them
- Working as part of a team

Session Objectives

By the end of the session, students will

- Gain life skills e.g. making beds, making decisions independently, learn how to be tolerant of others and how to be more resilient.
- Have a better understanding of how teams operate and their place in them.
- Understand different environments, our impact and how we can help to minimise it.

National Curriculum Outcomes

- **Spoken language:** listen and respond appropriately to adults and their peers
- **Animals including humans:** recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function
- **Geography:** understand the processes that give rise to key physical and human geographical features, how these are interdependent and how they bring about spatial variation and change over time

Progression / Differentiation

Every residential experience is tailored to the needs of the group and the individual. We can focus on particular outcomes such as listening skills, team work or the natural environment. For older and returning groups we use different venues and activities, increasing challenge both for the team and the individual.

Vocabulary

Experience: tolerance, resilience, independence, organisation, support, **Environment:** erosion, leave no trace, impact, **Health:** energy, fuel, nutrition