



Brief Description

Orienteering is an excellent introduction to practical map-reading and is an exciting way to get to know the centre grounds. Students usually work in pairs to find control points. The session usually consists of a map walk, star activity and a final competition

PSHE and Wider Learning Outcomes

- Independence and self-reliance
- Physical and mental health
- Acquisition of a life skill
- Working as a member of a team

Session Objectives

By the end of the session, students will

- Understand what is and what is for
- Understand that a map is produced at a set scale
- Understand basic orienteering symbols
- Understand the concept of North
- Orientate a map
- Be able to relate the map to the ground and ground to the map

National Curriculum Outcomes

Geography: communicate geographical information in a variety of ways, including through maps

Maths: Pupils understand and use simple scales

Geography: Use the eight points of the compass

Progression / Differentiation

The centre has a progression of activities and courses that allow delivery to be matched to the needs of the students. Within a session, different students can visit easier / harder controls at a level appropriate to their needs.

Vocabulary

Map words: contour, key, legend, relocate, scale, symbol

Direction words: North, east, south, west, left, right

Activity words: Hand rail, relocate, orientate, control, navigation,

Team working words: Achievement, communication, encouragement, listening, participating, review, support, trust, tactics