



Rock Climbing Instructor Scheme – Training Course

Course No: 3515(E) 1 – 3 May 2020

This three day course is intended for experienced climbers who wish to introduce groups to climbing on single pitch crags and artificial structures. Its aim is to address the technical skills, judgement and areas of knowledge which will make you a competent Rock Climbing Instructor Scheme holder. You will need to practice these skills and gain further experience before returning for assessment.

Pre-requisites

Mountain Training strictly requires that all candidates are registered with them prior to commencing the course.

Once registered with Mountain Training you will have access to create your own DLOG to record your climbing and group leading experience. Your DLOG should clearly detail all your climbing experience with at least 15 led routes, outdoors placing your own protection (see syllabus), plus 15 led routes at a climbing wall and 5 outdoor led routes that are bolt protected sport climbs.

After registering with Mountain Training and completing your DLOG you need to register for the Rock Climbing Instructor Scheme through your Mountain Training account. NB: Mountain Training will not recognise completion of the course by non-registered participants. Copies of the guidance notes are available from Mountain Training.

For registration and syllabus enquiries contact Mountain Training on:

Telephone: 01690 720272

Website: www.mountain-training.org



www.mountain-training.org





Course content

The Mountain Training syllabus for the course is closely followed and includes an evening session, covering some of the more theoretical aspects of the syllabus. In particular we will look at the practical skills and techniques required when leading and supervising groups climbing at single pitch venues, concentrating on areas that Mountain Training feels it is difficult for candidates to learn on their own. The programme may be revised at short notice to take account of weather and other considerations. A detailed programme will be sent to you one month before the course.

All our staff are dedicated, qualified climbers with a great depth of knowledge of the local crags and will be keen to pass on their knowledge to you.

What to bring

- Personal climbing clothing
- Rock boots
- Harness
- Helmet
- Belay device
- Climbing rack (or any hardware you have)
- Prussik loops
- Waterproof top and bottoms
- Hat and gloves
- Day rucksack with liner
- Small first aid kit
- Water bottle
- Flask
- Walking boots
- Notebook and pens

Recommended reading list

- Rock Climbing by Libby Peter (MT official publication)
- The Handbook of Climbing by Fyffe and Peters
- Complete Guide to Rope Techniques by Nigel Shepherd

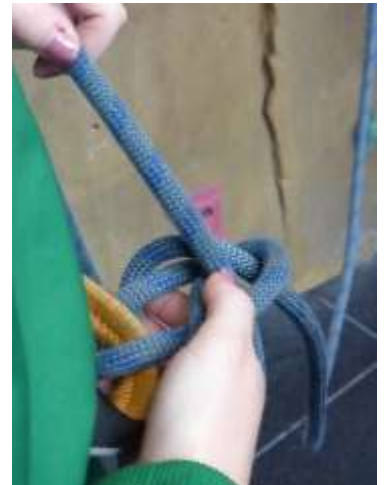
Reading relevant magazines is also a good way to keep abreast of current issues.

Course Times

Day 1 9.00am – 9.00pm

Day 2 9.00am – 5.00pm

Day 3 9.00am – 5.00pm





Course Fee

£212.00 - Non Residential

Methods of payment

- Cash: please call in the centre to pay in person.
- Cheque: please make cheques payable to Derbyshire County Council.
- Debit/Credit Card: please telephone the centre or call in to pay in person.
- Invoice: please notify the centre of the name and address who the invoice is to be made out to.



How to book

Completed application forms should be returned, as soon as possible, together with the course fee to:

White Hall Centre
Long Hill
Buxton
Derbyshire
SK17 6SX

Telephone: 01298 23260

Fax: 01298 25945

email: white.hall@derbyshire.gov.uk

Website: www.whitehallcentre.com



White Hall's location

White Hall Centre is 3 miles north of Buxton on the A5004.

Landranger map sheet 1191:50,000

Grid ref: 032 763

Health and Fitness

Please inform the Centre of any medical condition or medication that we should be aware of. Rock Climbing Instructor courses are physically and mentally demanding. If you are uncertain of your fitness please discuss this with us.





Insurance

Please note that the course fee does not include insurance against cancellation, personal injury, loss or damage, which is not caused by negligence on the part of Derbyshire County Council or its employees, agents or subcontractors. This should be arranged by you.

Emergency contact

Please ensure that at the start of the course the Centre has up to date contact details. In case of emergency, contact with course members may be made through the office 01298 23260.

Cancellation

The Centre reserves the right to cancel any course, which is under subscribed. In the unlikely event of this occurring alternative arrangements will be offered or fees refunded.

Please note that in the event of you having to cancel your place on this course the following criteria will apply:

- Within one month of the course date – full payment will still be payable.
- Over one month of the course date – 25% will be payable.





ROCK CLIMBING INSTRUCTOR SCHEME APPLICATION FORM

Course No: _____ From: _____ To: _____

Surname: _____ First Name(s): _____ Sex: M/F

D.O.B. _____ Home Address: _____

Post Code: _____ Daytime Telephone Number: _____

Mobile Number: _____

email address: _____

Mountain Training Registration Number: _____

Details of any medical condition, allergy, illness/ medication we should be aware of: _____

Name and address of family doctor: _____

Telephone Number: _____

To be signed by all applicants:

I have read and agree to abide to the Conditions of Booking as detailed overleaf.

Signed: _____ Date: _____

Please return this form together with your fee to:

White Hall Centre
Long Hill
BUXTON
Derbyshire
SK17 6SX

Telephone: 01298 23260
Fax: 01298 25945
email: white.hall@derbyshire.gov.uk



www.mountain-training.org



Conditions of Booking

1. I understand the nature of the course and agree to abide by all safety regulations.
2. I understand that in the event of accident, loss or damage, the County Council will be responsible for its own liability including neglect attributable to its employees in the course of their duty.
3. I understand that the course fee **does not** include insurance against cancellation, personal injury, loss or damage to equipment whilst on the course.
4. I understand that in the event of having to cancel my place on this course the following criteria will apply:
 - Within 1 month of the course date - full payment will still be payable
 - Over 1 month of the course date - 25% will be payable.
5. I consent that the personal data on this consent form will be kept by White Hall Centre for insurance purposes in line with the General Data Protection Regulations, White Hall's Privacy Policy, Retention Schedule and the Limitations Act (1980) for 7 years. In the event of a 'serious accident' for 25 years from the birth date of the individual.

Would you like to receive White Hall's e-newsletter? If you do then please click on the link at the bottom of our web site at whitehallcentre.com.

Alternatively, please enter your email address below. You can unsubscribe at any time by clicking on the link at the bottom of our newsletters or on the link on our website, where you can also read our terms and conditions.

email address for receiving the White Hall e-newsletter:

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	@		.co.uk
			.com
			.derbyshire.sch.uk
	other		