
White Hall
Rock Scrambling
Social Story

Rock Scrambling

Rock scrambling is a fun adventure on a rocky hill. We will travel together, climbing over rocks and finding paths around them. We might even go under some rocks as we make our way to the top.



Rock Scrambling

I will need to wear a helmet. It might feel tight but it will keep me safe.

I will wear long sleeves, long trousers, and sturdy trainers or walking boots. These will help me feel safe and comfortable while I am rock scrambling.



Rock Scrambling

My instructor may give me a weasel jacket to wear, which is made of rough material and will protect my clothes as I move between the rocks.

If it is cold or wet, I'll probably be asked to wear waterproofs that I can borrow from White Hall.



Rock Scrambling

We will travel on a minibus to go rock scrambling. I will need to wear my seatbelt.

When we arrive, I will listen carefully to my instructor and stay with my group. This will help keep everyone safe.



Rock Scrambling

My instructor will tell me where to go and what rocks to climb. There will be lots of fun challenges that I can try if I want to.

The rocks will feel rough which will help me grip to the rocks more easily when I am scrambling.



Rock Scrambling

Once we have finished the rock scramble I will walk back to the minibus with my group. We will then drive back to White Hall.

It's a great achievement to be involved in the session.

