
White Hall
Climbing Wall
Social Story

Climbing Wall

During the climbing wall session, we will learn different climbing techniques and put them into practice by climbing sideways, up, and down. We might play some games too!



Climbing Wall

I may need to put on a pair of climbing shoes.

The climbing shoes may feel tight to make me climb better.

The shoes may feel and smell different to trainers.



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At the start of the session my instructor will tell me some safety instructions. It is important I listen carefully.

The climbing wall may smell different and feel a bit cold. I'll soon warm up once I start climbing.



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In the climbing wall there are lots of different coloured holds. These climbing holds will feel rough which will help me have a good grip.

The floor will be spongey and this will keep me safe.



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I can climb on the low walls without any ropes, which is called bouldering.

We might put on a harness and climb on the big walls with a rope.

During the session, we will play some games.



Climbing Wall

Once we have finished climbing, we will put our climbing shoes away.

It's a great achievement to be involved in the session.

