
White Hall
Net Climb
Social Story

Net Climb

The net climb activity involves climbing on a big net hanging between two trees. I will be attached to a rope and kept safe by my group and instructor, so I can climb as high as I feel comfortable.



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I will need to go to the rock store to get a helmet and harness.

My instructor will show me how to put on my harness and helmet.

The harness and helmet may feel tight, but it will help keep me safe.



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I will walk with my group to the net climb.

My instructor will explain how the activity works and how to stay safe.

It is important that I listen carefully.



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There are three jobs that I might like to do during the activity.

I can help pull the net out.

I can help keep the ropes tight, which is called belaying.

I will get to climb the net.



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If it is my turn to help belaying, I will need to pay attention.

The ropes will feel rough.

My instructor will make sure we are safe and belaying correctly.



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If it is my turn to help pull the net out, I will need to work together with the rest of the net team.

The net will move forwards and backwards when the others are climbing.

My instructor will tell me to pull the net backwards to help bring the climbers back down.



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If it my turn to climb the net, my harness will be attached to strong ropes, which will keep me safe.

I can try to reach the bell at the top of the net.

I only need to climb as high as I'm happy to go.



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Once I have finished climbing, I can let go of the net and dangle in my harness.

My instructor will lower me slowly to the ground.



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Everyone will have a go at each job.

It's a great achievement to be involved in the session.

