

My stay at White Hall



My stay at White Hall

► When I first arrive, I will listen quietly as a White Hall instructor tells me about my stay at White Hall.

► I will sit with the other people who are staying at White Hall.



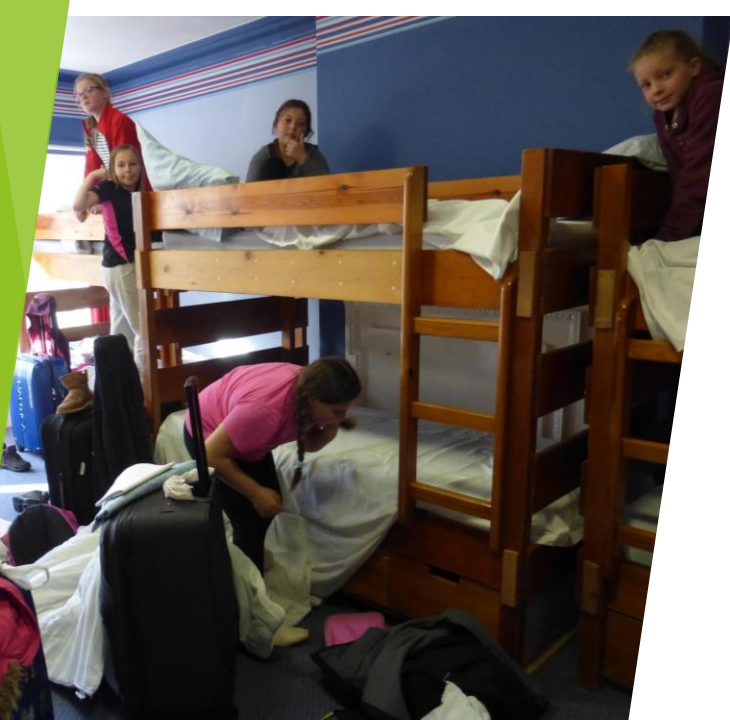


My stay at White Hall

- ▶ I will take my bag up to my dorm where I will be sleeping.
- ▶ An instructor will show me the way and tell me where the toilets are.
- ▶ I may have to carry my bag upstairs. If I am struggling, I can ask for help.
- ▶ It's okay if I don't remember the way to my room. Someone can always remind me.

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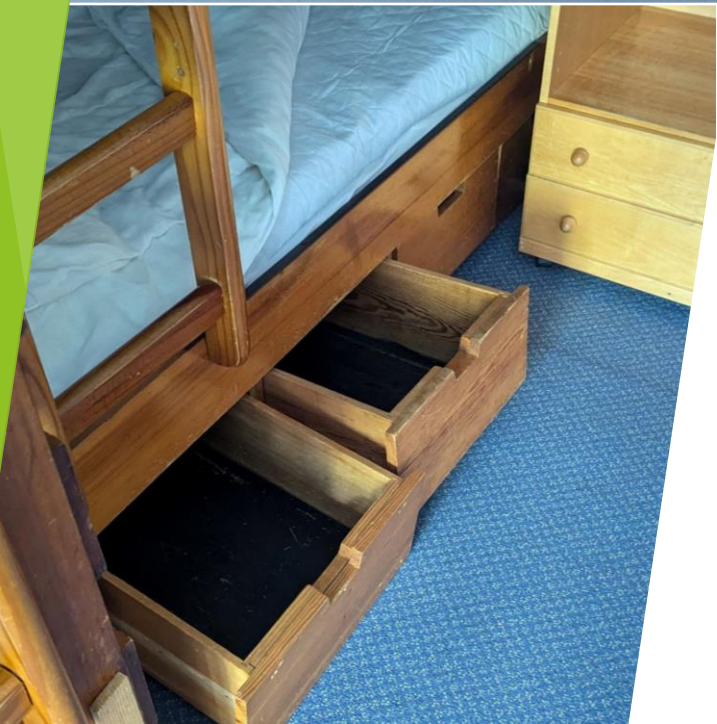
- ▶ I will share my bedroom with my friends.
- ▶ I might sleep in a top bunk or a bottom bunk bed.
- ▶ I will have to make my bed with a sheet, pillowcase and duvet cover that will already be in the room.
- ▶ I can ask other people in my dorm for help when I make my bed.



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- ▶ I can unpack my suitcase and keep my belongings in the drawers.
- ▶ Only the people who sleep in the dorm are allowed to go into it.
- ▶ I can use my dorm to get changed in and rest.
- ▶ There is a clock in my dorm, so I can check the time for when I need to go somewhere or meet my instructor.



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► There are toilets and sinks for me to use upstairs.

► I can fill up my water bottle from any of the taps.





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- ▶ On the first day there will be a fire drill. This is really important and will help keep me safe.
- ▶ It will be loud.
- ▶ I will be told when it will happen and one of my teachers might come find me first if I'm worried.
- ▶ I will make sure I have shoes on and walk out of the nearest exit to stand in the front car park with the rest of my dorm group.
- ▶ If I don't know where to go, an adult will show me.



My stay at White Hall

- ▶ I will eat all my meals in the dining room.
- ▶ The food will be put on my table, and I can choose what food I want on my plate.
- ▶ It can sometimes get loud in the dining room.
- ▶ If it gets too much, I can tell a grown up.
- ▶ I will help clear up once we have finished eating.
- ▶ My instructor will tell me what to do.

My stay at White Hall

- ▶ There are rooms downstairs I can socialise in with my friends during my free time.
- ▶ I can play pool and table tennis.
- ▶ There might be people from other schools in these rooms.



My stay at White Hall

- ▶ I can shower at White Hall.
- ▶ My instructor might ask me to shower after a wet activity.
- ▶ I can put my change of clothes in the changing room.
- ▶ I can shower in a cubicle with a curtain.
- ▶ There may be other people showering in the cubicles next to me.



My stay at White Hall

- ▶ After the evening activity, the instructor will make us supper with hot chocolate and biscuits.
- ▶ My teachers will decide a time for lights out.
- ▶ I will go upstairs and get ready for bed.



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- ▶ It might take a while for everyone in my dorm to get ready.
- ▶ There might be a green light in my room. Once the lights have been turned off, it won't be too bright, but I can see if I need to leave the room.
- ▶ I might hear other people go to the toilet in the night.
- ▶ I know which room my teachers will be sleeping in if I need help in the night.



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▶ On the last night, the instructor will tell me what to do on the last morning.

▶ There is a board with pictures to remind me what to do if I forget.

▶ On the last morning, I will have to strip my bed and put the bedding in the bags outside my bathroom.

▶ I will bring my packed bag downstairs before breakfast and put it where the instructor tells me.



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It's been a great achievement to
have been involved in this
residential!

