

► I will go to the rock store to get a harness and helmet

► My instructor will show me how to put on my harness and helmet





My instructor may need to get close to help me with my harness and helmet

The harness and helmet may feel tight, but it will keep me safe



There's three jobs that I might need to do during the activity:

Sometimes I will help to keep the ropes tight (belay)

Sometimes I will help to stack the crates

Sometimes I will get to climb on top of the crates

My instructor will make sure I know what job I'm doing, and how to do it properly



- If my job is to keep the ropes tight, I'll need to pay attention
- ► The ropes will feel a little rough
- There might be some mud on the ropes if they've been on the floor

- If my job is to build the crate tower, I will collect one crate at a time to add to the tower
- My teammates will be helping to do this too, so we'll need to work together

The crates aren't very heavy





If my job is to climb, my harness will be attached to a strong rope to keep me safe

►I will have a partner who will climb alongside me

► I will climb on top of the crate tower as it is built higher and higher

► The tower might feel wobbly

I might hold onto my partner for extra balance

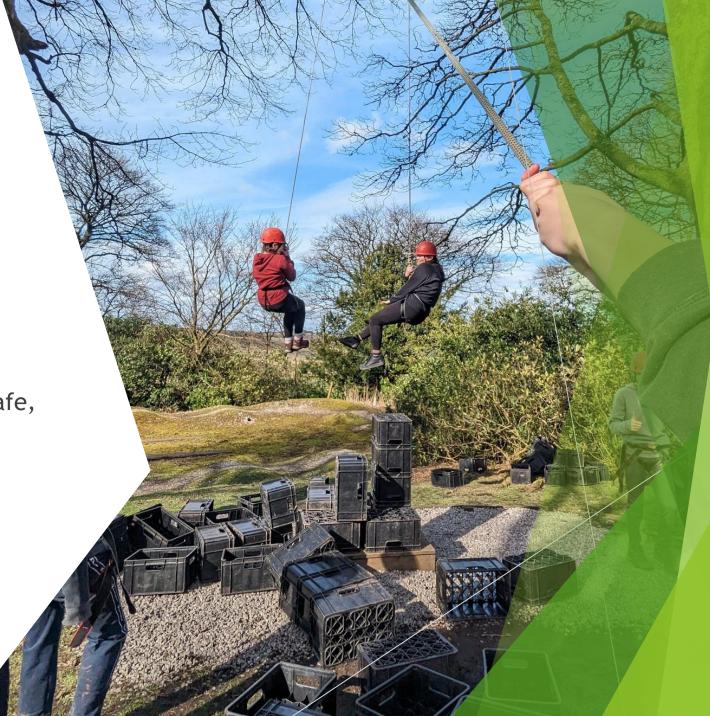
I only need to climb as high as I am happy to go

The crate tower might collapse underneath me. It's ok if it does, it is supposed to happen!

► When the crates collapse, I will be safe, dangling from a rope

▶ I will be lowered slowly to the floor

► When the tower collapses it will be noisy, but the noise wont last long





► Once the crates have been cleared away, I will swap jobs with someone else in my team and we will go again

Everyone will have a turn at each job

► If I have any questions, I can ask my instructor



► Once we're finished, we will tidy the crates away

► It's a great achievement to have been involved in the session