

Crate stack



Crate stack

- I will go to the rock store to get a harness and helmet
- My instructor will show me how to put on my harness and helmet





Crate stack

- ▶ My instructor may need to get close to help me with my harness and helmet
- ▶ The harness and helmet may feel tight, but it will keep me safe



Crate stack

- ▶ There's three jobs that I might need to do during the activity:
- ▶ Sometimes I will help to keep the ropes tight (belay)
- ▶ Sometimes I will help to stack the crates
- ▶ Sometimes I will get to climb on top of the crates
- ▶ My instructor will make sure I know what job I'm doing, and how to do it properly



Crate stack

- ▶ If my job is to keep the ropes tight, I'll need to pay attention
- ▶ The ropes will feel a little rough
- ▶ There might be some mud on the ropes if they've been on the floor

Crate stack

- ▶ If my job is to build the crate tower, I will collect one crate at a time to add to the tower
- ▶ My teammates will be helping to do this too, so we'll need to work together
- ▶ The crates aren't very heavy





Crate stack

- ▶ If my job is to climb, my harness will be attached to a strong rope to keep me safe
- ▶ I will have a partner who will climb alongside me
- ▶ I will climb on top of the crate tower as it is built higher and higher
- ▶ The tower might feel wobbly
- ▶ I might hold onto my partner for extra balance

Crate stack

- ▶ I only need to climb as high as I am happy to go
- ▶ The crate tower might collapse underneath me. It's ok if it does, it is supposed to happen!
- ▶ When the crates collapse, I will be safe, dangling from a rope
- ▶ I will be lowered slowly to the floor
- ▶ When the tower collapses it will be noisy, but the noise won't last long



Crate stack

- ▶ Once the crates have been cleared away, I will swap jobs with someone else in my team and we will go again
- ▶ Everyone will have a turn at each job
- ▶ If I have any questions, I can ask my instructor



Crate stack

► Once we're finished, we will tidy the crates away

► It's a great achievement to have been involved in the session

