

# RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
<p><b>Competency</b></p> <p><b>Falling/slipping</b></p> <p><b>Injury</b></p> <p><b>Objects from above Dislodged rocks</b></p> <p><b>Deep water</b></p> <p><b>Extremes of temperature, Cold water. Current and volume of water.</b></p> <p><b>Water related infections/weils disease</b></p>	<p>Instructors must hold a relevant governing Body Award or been through the internal sign off process - site specific. They must be aware and comply with the centre operating procedures and RAs</p> <p>Briefing of students Ability of group considered. Appropriate footwear worn. Adjustments to route if needed</p> <p>Instructor must hold a current first aid certificate. First aid kit and mobile phone must be carried. Group size and ratios suitable for conditions and abilities Helmets to be worn.</p> <p>Helmets worn Student briefing Group management</p> <p>Avoided with local knowledge or suitable buoyancy aids required</p> <p>Weather forecast obtained and previous conditions considered. Activity adapted where appropriate. Ongoing risk assessment at start and during activity – weather and water conditions continually monitored. Equipment/clothing lists sent to groups. Individual's kit checked before departure to ensure adequate protective clothing and equipment. Suitable emergency equipment carried</p> <p>All to be made aware of the signs and symptoms of weils disease and action to be taken in the event of. Ensure good hygiene is followed after the activity, i.e. wash hands as a minimum.</p>	<p>✓</p>	<p>Person to implement</p>	<p>Regular refreshers and monitoring Monitoring of Staff All near misses and or accidents are recorded and reported. Safety Culture of openness and sharing is fostered. Familiarity with escape route options.</p> <p>Knowledge of mobile "blackspots" and texting emergency services.</p> <p>Waterproof plasters on any cuts and/or waterproof gloves</p>	<p>Person to implement</p>	<p>Date to be actioned</p>

<p><b>Illness</b></p>	<p>Information about existing medical conditions known by staff and consent forms carried when necessary</p>			<p>Check medication that may need to be accessed immediately is carried on the activity e.g. inhaler/Epi-pen</p>		
<p><b>Separation from Group</b></p>	<p>Regular headcounts of group made  Regular regrouping points identified and communicated to group  Participants briefed about extra care required when passing other groups  Participants briefed on action to take if separated from group</p>					