

# RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
<p><b>Competency</b></p> <p><b>Equipment Failure</b></p> <p><b>Falling/slipping</b></p> <p><b>Injury</b></p> <p><b>Objects from above Dislodged rocks</b></p> <p><b>Entanglement, hair/clothing/ fingers</b></p>	<p>Instructors must hold a Mountain Training National Governing Body Award They must be aware and comply with the centre operating procedures.</p> <p>All equipment checked prior to use. Regular checks, maintenance &amp; renewal schedule All equipment to correspond to required standards Personal protective equipment checked for correct fitting &amp; monitored throughout activity by the instructor</p> <p>Students to be attached to safety rope when approaching the top of the abseil. All equipment to be checked prior to the start of the session. Briefing of students Ability of group taken into account Appropriate footwear worn.</p> <p>Instructor must hold a valid first aid certificate. First aid kit must be carried. Phone carried Group size and ratios suitable for conditions and abilities</p> <p>Helmets worn Student briefing Group management</p> <p>Student Briefing/Checks Long hair tied back Releasable Abseil</p>	<p>✓</p>	<p>Person to implement</p>	<p>RCI minimum Monitoring of Staff Refresher and training days All near misses and or accidents are recorded and reported. Safety Culture of openness and sharing is fostered.</p> <p>Faulty equipment removed and reported</p> <p>Students briefed on safety at cliff edge or bridge Millersdale Bridge Specific.</p> <ul style="list-style-type: none"> <li>• Not to stand on small wall,</li> <li>• Do not lean over or through the railings,</li> <li>• don't throw anything over,</li> <li>• wear a helmet if below bridge side of the footpath</li> <li>• Awareness of cyclists</li> <li>• Water safety by the river</li> <li>• Students to stand well away from the bottom of the abseil</li> </ul> <p>Crag</p> <ul style="list-style-type: none"> <li>• Organised Safety at the top of the crag</li> <li>• Descent/Ascent paths clearly indicated</li> <li>• Helmets worn in designated area at the foot of the crag</li> <li>• Abseil assessed for stability of rock, sharp edges</li> </ul> <p>• Appropriate clothing to be worn and checked, any part of clothing which could be caught in the abseil device is tucked in or removed. No scarfs.</p>	<p>Person to implement</p>	<p>Date to be actioned</p>

**Extremes of  
Temperature and weather**

Weather forecast obtained and previous conditions taken into account. Activity adapted where appropriate. Ongoing risk assessment at start and during activity – weather conditions continually monitored

Equipment/clothing lists sent to groups.

- Individual's kit checked before departure to ensure adequate protective clothing and equipment.
- Suitable emergency equipment carried

**Illness**

Information about existing medical conditions known by staff.  
Parental consent & medical forms

Check medication that may need to be accessed immediately is carried on the activity e.g. inhaler/Epi-pen.