

# Zip Wire



# Zip wire

- I will need to go to the rock store to get a harness and helmet
- My instructor will show me how to put on my harness and helmet







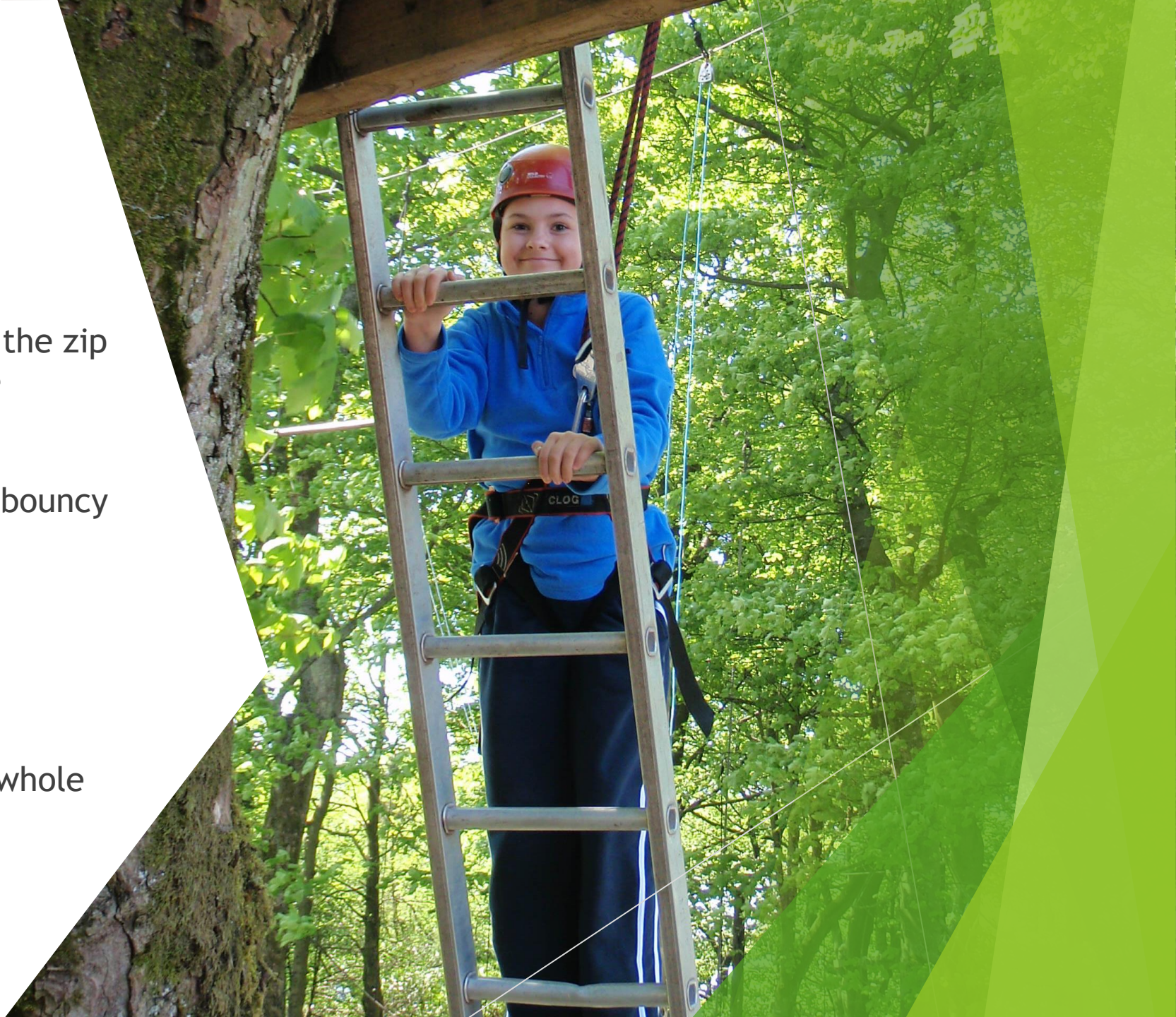
# Zip wire

- ▶ My instructor may need to get close to help me with my harness and helmet
- ▶ The harness and helmet may feel tight but it will keep me safe



# Zip wire

- ▶ I'll climb a ladder to get to the zip wire platform that's in a tree
- ▶ The ladder might feel a bit bouncy as I climb, but it is safe
- ▶ The ladder might feel cold
- ▶ I'm attached to a rope the whole time so I'm always safe







# Zip wire

- ▶ When I'm on the platform, I'll have to attach another rope to my harness. My instructor will make sure I know how to do this before I have my turn
- ▶ I'll hear the leaves rustle in the trees and it might feel a bit windy





# Zip wire

- ▶ When my instructor tells me to, I can jump or step off the platform
- ▶ If I want to go slow, I can ask my instructor and they'll help me slow down



# Zip Wire

- ▶ My harness will attach me to the cable, so I don't need to hold on
- ▶ The wire is attached to big, strong trees at either end!







## Zip wire

- ▶ The other people in my group will help pull me back up the zip wire
- ▶ My instructor will then help to lower me back down to the ground
- ▶ I need to make sure I'm ready to help other people when it's not my turn