

Night Hike



Night Hike

- ▶ We'll leave for our night hike after we've finished the evening meal
- ▶ I'll be told what to wear and I'll have time to get myself ready
- ▶ I'll be told what time to meet for the walk. I need to make sure I'm listening



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- ▶ If it's cold, I'll need to wrap up warm. I might need to wear waterproofs
- ▶ If it's dark, I should take a torch
- ▶ I should wear walking boots or good trainers. My instructor will tell me if my shoes are ok



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► Everyone's torches might be quite bright. I can tell the people in my group if I don't like them shining their torch on me

► I will have an adult with my group the whole time. I'll never be on my own



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- ▶ I will probably see some nice views from the walk, and I might hear or see some wildlife
- ▶ The walk may be hard work, but it's a great achievement to have been involved

