



Rock Climbing Instructor Scheme – Assessment Course Course No: 3541 26 – 27 October 2020

The assessment takes place over two days and follows the Rock Climbing Instructor Award syllabus. This is mainly a practical assessment with some theory sessions in the evening. Candidates are advised to prepare fully and refer to the 'Rock Climbing Instructor Handbook' so that they can gain most benefit from the course. A formal review and individual results are given on the final afternoon.



www.mountain-training.org

Pre-requisites

Assessment pays a lot of attention to the log book (DLOG) and cannot be made without a suitably informative record of your past experience.

The logbook (DLOG) should be fully completed including:

- Record of training course or evidence of exemption.
- Up to date record of experience since training, including:
 - A minimum 40 traditional led climbs outdoors, 20 of which are Severe grade or above.
 - A minimum of 10 Sport climb leads on bolt protected sport climbs.
 - Competent in the use of climbing walls and of logged 30 indoor leads of F4 or above.
 - A minimum of 20 assisted supervising sessions with 10 being indoors and 10 outdoors. 5 of which need to have reflective comments on DLOG.
 - Physical attended a 2 day first aid course.

You will be required to complete a 'Home Theory Paper' and return it to the Centre prior to the course. This will be sent to you one month before the course. You will also be expected to make a five minute presentation on an assessment related topic. You will be notified of your topic when we send you the 'Home Theory Paper'.

Mountain Training may be contacted at the following address for registration and syllabus enquiries:

Mountain Training
Siabod Cottage
Capel Curig
Conwy
LL24 0ES

Telephone: 01690 720272

Website: www.mountain-training.org





Course content

The programme will include assessment in all aspects of the Rock Climbing Instructor Award syllabus. Please note that the nature of an assessment means that candidates judgement will be tested. This involves a level of risk above that found in normal instructed courses. Candidates should be aware of and prepared for this. The programme may be revised at short notice to take account of weather and other considerations.

All our staff are dedicated climbers and instructors with a great depth of knowledge of the local crags and will be keen to pass on their knowledge to you.



What to bring

- Assessment candidates are expected to provide all their own equipment, with the exception of ropes.
- You should bring normal clothing and equipment suited to climbing on British crags in all weathers.
- Ensure your DLOG is complete with the prerequisites met
- The Rock Climbing Instructor Award Handbook
- First Aid Certificate

Recommended reading list

- Rock Climbing by Libby Peter (MT official publication)
- The Handbook of Climbing by Fyffe and Peters
- Complete Guide to Rope Techniques by Nigel Shepherd

Reading relevant magazines is also a good way to keep abreast of current issues.



Course Times

Day 1 9.00am – 9.00pm

Day 2 9.00am – 5.00pm





Course Fee

£160.00 - Non Residential

Methods of payment

- Cash: please call in the centre to pay in person.
- Cheque: please make cheques payable to Derbyshire County Council.
- Debit/Credit Card: please telephone the centre or call in to pay in person.
- Invoice: please notify the centre of the name and address who the invoice is to be made out to.



How to book

Completed application forms should be returned, as soon as possible, together with the course fee to:

White Hall Centre
Long Hill
Buxton
Derbyshire
SK17 6SX

Telephone: 01298 23260

Fax: 01298 25945

email: white.hall@derbyshire.gov.uk

Website: www.whitehallcentre.com



White Hall's location

White Hall Centre is 3 miles north of Buxton on the A5004.

Landranger map sheet 1191:50,000

Grid ref: 032 763

Health and Fitness

Please inform the Centre of any medical condition or medication that we should be aware of. Rock Climbing Instructor courses are physically and mentally demanding. If you are uncertain of your fitness please discuss this with us.





Insurance

Please note that the course fee does not include insurance against cancellation, personal injury, loss or damage, which is not caused by negligence on the part of Derbyshire County Council or its employees, agents or subcontractors. This should be arranged by you.

Emergency contact

Please ensure that at the start of the course the Centre has up to date contact details. In case of emergency, contact with course members may be made through the office 01298 23260.

Cancellation

The Centre reserves the right to cancel any course, which is under subscribed. In the unlikely event of this occurring alternative arrangements will be offered or fees refunded.

Please note that in the event of you having to cancel your place on this course the following criteria will apply:

- Within one month of the course date – full payment will still be payable.
- Over one month of the course date – 25% will be payable.





ROCK CLIMBING INSTRUCTOR SCHEME APPLICATION FORM

Course No: _____ From: _____ To: _____

Surname: _____ First Name(s): _____ Sex: M/F

D.O.B. _____ Home Address: _____

Post Code: _____ Daytime Telephone Number: _____

Mobile Number: _____

email address: _____

Mountain Training Registration Number: _____

Details of any medical condition, allergy, illness/ medication we should be aware of: _____

Name and address of family doctor: _____

Telephone Number: _____

To be signed by all applicants:

I have read and agree to abide to the Conditions of Booking as detailed overleaf.

Signed: _____ Date: _____

Please return this form together with your fee to:

White Hall Centre
Long Hill
BUXTON
Derbyshire
SK17 6SX

Telephone: 01298 23260
Fax: 01298 25945
email: white.hall@derbyshire.gov.uk



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Conditions of Booking

1. I understand the nature of the course and agree to abide by all safety regulations.
2. I understand that in the event of accident, loss or damage, the County Council will be responsible for its own liability including neglect attributable to its employees in the course of their duty.
3. I understand that the course fee **does not** include insurance against cancellation, personal injury, loss or damage to equipment whilst on the course.
4. I understand that in the event of having to cancel my place on this course the following criteria will apply:
 - Within 1 month of the course date - full payment will still be payable
 - Over 1 month of the course date - 25% will be payable.
5. I consent that the personal data on this consent form will be kept by White Hall Centre for insurance purposes in line with the General Data Protection Regulations, White Hall's Privacy Policy, Retention Schedule and the Limitations Act (1980) for 7 years. In the event of a 'serious accident' for 25 years from the birth date of the individual.

Would you like to receive White Hall's e-newsletter? If you do then please click on the link at the bottom of our web site at whitehallcentre.com.

Alternatively, please enter your email address below. You can unsubscribe at any time by clicking on the link at the bottom of our newsletters or on the link on our website, where you can also read our terms and conditions.

email address for receiving the White Hall e-newsletter:

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				.co.uk
				.com
				.derbyshire.sch.uk
		other		