



White Hall

Outdoor Education centre



Teaching Orienteering – Part 1

Course No: 3391 14 December 2017

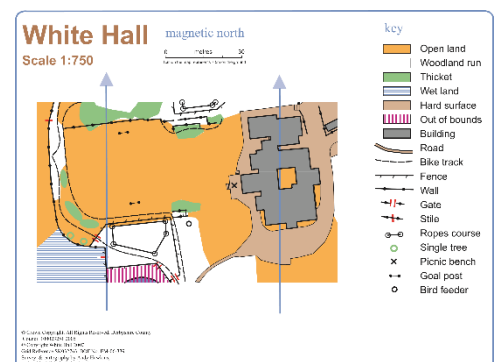


This course is aimed at teachers, youth sector workers and people working in schools and outdoor centres. The course delivers the knowledge, understanding and practical ability to teach the basic skills of orienteering to beginners in a fun and exciting way on areas that are safe, such as school sites or outdoor centre grounds. You will also be able to deliver simple competitions for participants.



Learning outcomes of the course

- Introduce children to orienteering in a safe environment
- Plan sessions to introduce the basic understanding of how to use an orienteering map and include the following skills: map as a bird's eye view, importance of north, map orientation,
- Use of map colours and commonly used symbols, keeping in contact with the map and "thumbing".
- Plan and deliver orienteering sessions that meet the safety standards required by British Orienteering.
- Organise and deliver simple orienteering competitions
- Be able to advise children on the opportunities to further their orienteering experience



Pre-requisites

- Candidates must be over 16 years of age.
- It will be an advantage if you have some knowledge of orienteering prior to the course although this is not essential.





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Course content

On the course you will be given the knowledge to introduce the basic skills of orienteering and have opportunity to discuss and practice using this knowledge. The course is 6 hours and practical in nature and you will be expected to join in with group discussions and activities.

Attending Teaching Orienteering Part 1 is a prerequisite for anybody wishing to deliver the Orienteering Young Leader Award or attend the British Orienteering Teaching Orienteering Part 2 Training

This is not an assessment course, following the training candidates will receive a certificate of attendance. Candidates wishing to gain a formal, assessed qualification should talk to a tutor to identify the most appropriate route for them to take.

What to bring

- You will need your own Lunch
- Clothes suitable for the weather
- An extra pair of shoes/trainers for indoors

Course Times

9.00am – 4.00pm

Course Fee

£65.00





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How to book

Application forms and fees (please make cheques payable to Derbyshire County Council) should be returned as soon as possible to:-

White Hall Centre
Long Hill
Buxton
Derbyshire
SK17 6SX
Telephone: 01298 23260
Fax: 01298 25945

Email: white.hall@derbyshire.gov.uk
Website: www.whitehallcentre.com

White Hall Centre is 3 miles north of Buxton on the A5004. Landranger map sheet 1191:50,000 Grid ref: 032 763



Health and Fitness

Please inform the Centre of any medical condition or medication that we should be aware of.

Insurance

Please note that the course fee does not include insurance against cancellation, personal injury, loss or damage, which is not caused by negligence on the part of Derbyshire County Council or its employees, agents or subcontractors. This should be arranged by you.

Emergency contact

Please ensure that at the start of the course the Centre has up to date contact details. In case of emergency, contact with course members may be made through the office 01298 23260.





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Cancellation

The Centre reserves the right to cancel any course, which is under subscribed. In the unlikely event of this occurring alternative arrangements will be offered or fees refunded.

Please note that in the event of you having to cancel your place on this course the following criteria will apply:

- Within one month of the course date – full payment will still be payable.
- Over one month of the course date – 25% will be payable.





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Teaching Orienteering (Part 1) Application Form

Course No: _____ From: _____ To: _____

Surname: _____ First Name(s): _____ Sex: M/F

D.O.B. _____ Home Address: _____

Post Code: _____ Daytime Telephone Number: _____

email address: _____

MTE Registration Number: _____

Details of any medical condition, illness/ medication we should be aware of:

Name and address of family doctor: _____

To be signed by all applicants:

I have read and agree to abide to the Conditions of Booking as detailed overleaf.

Signed: _____ Date: _____

Please return this form together with your fee to:

White Hall Centre
Long Hill
BUXTON
Derbyshire
SK17 6SX

Telephone: 01298 23260
Fax: 01298 25945
email: white.hall@derbyshire.gov.uk





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Conditions of Booking

1. I understand the nature of the course and agree to abide by all safety regulations.
2. I understand that in the event of accident, loss or damage, the County Council will be responsible for its own liability including neglect attributable to its employees in the course of their duty.
3. I understand that the course fee **does not** include insurance against cancellation, personal injury, loss or damage to equipment whilst on the course.
4. I understand that in the event of having to cancel my place on this course the following criteria will apply:
 - Within 1 month of the course date - full payment will still be payable
 - Over 1 month of the course date - 25% will be payable.