Sample Menus

Breakfast

Choice of cereals

Toast

Fruit juice

A different cooked option every morning, which could be:

Bacon and beans

Sausages and spaghetti hoops

Sausage and beans

Bacon and eggs.

Lunch (buffet style in centre)

Choice of two types of sandwich such as turkey, ham, tuna, cheese and egg.

Salads

Cake

Fruit

Lunch (packed lunch for when out on full activity day)

Sandwiches – as above

Cake

Chocolate

Crisps

Fruit

Evening Meal

Examples of the main course:

Meat and potato pie, carrots and gravy

Cheese and onion flan, chips and salad

Roast pork, roast potatoes, carrots, broccoli, Yorkshire pudding and gravy

Cottage pie, mixed vegetables and gravy

Vegetarian option

 Special diets will be catered for (please put details on consent form)

Examples of pudding:

Bakewell tart and custard

Lemon drizzle cake and cream

Jelly and ice cream

Chocolate fudge cake

There will always be an option of fresh fruit