

**DERBYSHIRE COUNTY COUNCIL
MANAGEMENT OF HEALTH & SAFETY AT WORK REGULATIONS
CHILDREN & YOUNGER ADULTS (CAYA)**



GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:

White Hall Mountain Biking Track

PART 1 : ADMINISTRATIVE DETAILS

Section/Establishment Name: WHITE HALL OUTDOOR EDUCATION CENTRE.

Date of Assessment

Date of Issue

Assessment carried out by

Fiona Thomson

Signature

Reviews

Review Date	Reviewed by	Date	Changes Made	
			Y	N

Affected persons:

Young People/Clients

Staff

Visitors

Contractor

Others (specify)

Name of Manager confirming and agreeing Assessment:

Darran Hawkins

Signature:

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
<p>Falling from bike and collisions due to loss of control of the bike</p>	<p>Helmet fitted correctly and worn. Gloves worn. Appropriate clothing and footwear. Laces on R foot and trousers tucked away to avoid them catching in chain rings/ wearing of gaiter. Ensure cycle is correct size.</p> <p>Ensure all cyclists are competent to use the bike - participant ability assessed in a controlled environment. Instruction in bike control. Briefing on sensible speed. Use of brakes coached and practised by participants</p> <p>Hazardous sections of trail managed by instructor. Sections pre - walked and appropriate instruction and supervised practise given. If participant not competent for a certain section they should dismount and walk.</p> <p>Ground conditions and terrain hazards assessed in wet/icy conditions.</p>			<p>Groups to wait in 'collecting' area and not on road. Group briefed about stopping points (pinch points created by placed boulders) at road crossing and prior to descent.</p>		
<p>Collisions with other trail users</p>	<p>Group briefed on appropriate gap between cyclists. One way system to be followed.</p>			<p>Signage in place</p>		
<p>Dips, slopes and corners/berms</p>	<p>Appropriate coaching and supervised practise. Unless participants demonstrate a competent, safe descending style participants to wait at top of hill at pinch point boulders.</p>					
<p>Rocky steps</p>	<p>Appropriate coaching and supervised practise.</p>			<p>Ensure group are aware of easy alternative</p>		

<p>Equipment failure</p> <p>Low branches/bushes</p> <p>Debris on track</p> <p>Traffic on drive and car park</p>	<p>Bikes regularly maintained. All bikes have a pre- ride safety check done by participant and led by instructor e.g. 'M' check. Check brakes, wheels, saddle, handlebars. Faulty bikes clearly labelled and removed from service. Participants coached in correct use of gears.</p> <p>Regular check and clearing of undergrowth. Instructor to check track is clear.</p> <p>Groups to walk to start of track and collect in waiting area off the drive. Instructions to stop when participants get to pinch point boulders at end of each track.</p>					
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