

COURSE NO: 3303(A)
CAVING DAY

TUESDAY 5 APRIL 2016





Derbyshire and the Peak District have a selection of caves and mines, all hidden from view and waiting to be explored.

You will have the chance to experience this unique underground environment. The day is suitable for all those who have either very little or no prior experience of caving.

Arrive 10.00 am

Depart 4.00 pm

Is there any Risk?

All our activities are supervised by highly skilled and nationally qualified White Hall staff. White Hall conforms fully to the requirements of the 'Adventure Activities Licensing Authority' and has a licence and is registered as a Derbyshire D of E Accredited Activity Provider. However, you must understand that adventure activities, by their nature, involve an element of risk, which cannot be totally eliminated. Having said that, White Hall has an excellent safety record.

What to Bring

Please bring your own packed lunch and drink

Old warm clothing

Waterproof cagoule or similar, if you have one

Trainers or boots

All climbing equipment, including rock climbing shoes are provided by us.

<u>Insurance</u>

Please note that the course fee does <u>not</u> include insurance against cancellation, personal injury, loss or damage, which is not caused by negligence on the part of Derbyshire County Council or its employees, agents or subcontractors. This should be arranged by yourselves.

Health

Please inform the Centre of any medical condition or medication that we should be aware of.

Radon is a naturally occurring gas which is always present in the air we breathe and can be found in varying concentrations in houses, buildings, cellars, mines and caves. Happily the caves and mines visited by White Hall groups have been found to have very low radon levels, especially in the winter months. The risk to health from exposure to radon during a few caving trips is almost negligible and is far outweighed by the educational benefits.

Many thousands of people take part in water sports with no ill effects. However, you are probably aware that there is a very slight risk of infection from water in lakes, rivers and canals. If you develop flu like symptoms after any water activities you should see your doctor and tell him/her that you have been involved in water sport.

White Hall

Where to find us

White Hall is 3 miles north of Buxton on the A5004.

Landranger map sheet 119 1:50,000 Grid ref: 032 763

Cancellation

The Centre reserves the right to cancel any course which may be under subscribed. In the unlikely event of this occurring alternative arrangements will be offered or course fees refunded.

In the event of you having to cancel your place on this course the following criteria will apply:

• Within one month of the course date - full payment will still be payable.

Over one month of the course date - 25% will be payable.

Course Fee: £24.20

Applications

Please complete and return the application form, as soon as possible, together with the full fee (please make cheques payable to Derbyshire County Council) to:

White Hall Centre

Long Hill

BUXTON Telephone: 01298 23260 Derbyshire Fax: 01298 25945

SK17 6SX e-mail: white.hall@derbyshire.gov.uk

