



White Hall

Outdoor Education centre



COURSE NO: 3303(B) **CANOEING DAY** **WEDNESDAY 6 APRIL 2016**



Why not join us for a day's taster of canoeing using Canadian canoes. If you have not sampled this activity or have only done a little before, this is an excellent chance to try your hand and learn the necessary basic skills.

The nature of the day will clearly depend on weather conditions and previous experience of participants.

Arrive 10.00 am

Depart 4.00 pm

Is there any Risk?

All Outdoor Adventurous Activities are supervised by highly skilled and nationally qualified White Hall staff. Activities are introduced at YOUR level, at carefully chosen sites, using all necessary safety equipment which is provided by the Centre. White Hall conforms fully to the requirements of the 'Adventure Activities Licensing Authority' and has a licence. However, you must understand that adventure activities, by their nature, involve an element of risk which cannot be totally eliminated. Having said that, White Hall has an excellent safety record.

Where to find us

White Hall is 3 miles north of Buxton on the A5004.

Landranger map sheet 119
1:50,000 Grid ref: 032 763



What to Bring

Please bring your own packed lunch and drink

Old, warm clothing

Waterproof cagoule or similar if you have one

Trainers or boots

Swimming gear

Towel and soap for showers after the day's activities and a complete change of clothes.

In the summer - shorts and tee shirts are necessary as is sun cream, sun glasses and a sun hat. If you are easily burnt by the sun then it may be worth including a lightweight long sleeved shirt and trousers on summer courses. Midge repellent is also strongly recommended.

Emergency Contact

Please ensure that at the start of the course the Centre has up to date details of contact arrangements for parents/guardians. In case of emergency, contact with course members may be made through the office (01298 23260). Otherwise, contact may be made on the students payphone (01298 23893).

Health

Please inform the Centre of any medical condition or medication that we should be aware of.

Many thousands of people take part in water sports with no ill effects. However, you are probably aware that there is a very slight risk of infection from water in lakes, rivers and canals. If you develop flu like symptoms after any water activities you should see your doctor and tell him/her that you have been involved in water sport.

Insurance

Please note that the course fee does not include insurance against cancellation, personal injury, loss or damage, which is not caused by negligence on the part of Derbyshire County Council or its employees, agents or subcontractors. This should be arranged by yourselves.

Cancellation

The Centre reserves the right to cancel any course which may be under subscribed. In the unlikely event of this occurring alternative arrangements will be offered or course fees refunded.

In the event of you having to cancel your place on this course the following criteria will apply:

- Within one month of the course date - full payment will still be payable.
- Over one month of the course date - 25% will be payable.

Course Fee: £24.20

Applications

Parents or guardians of under 18s must sign the application form giving consent to participation and then they should be returned, as soon as possible, together with the full fee (please make cheques payable to Derbyshire County Council) to:

White Hall Centre
Long Hill
BUXTON
Derbyshire
SK17 6SX

Telephone: 01298 23260

Fax: 01298 25945

e-mail: white.hall@derbyshire.gov.uk

