



White Hall

Outdoor Education centre



COURSE NO: 3247(D) & 3251 & 3253(C)

MOUNTAIN LEADER TRAINING

14 – 15 MARCH & 11 – 12 APRIL & 25 – 26 APRIL 2015

This six day course is intended for experienced hill walkers who wish to become leaders in the British mountains. Its aim is to address the technical skills, judgement and areas of knowledge which will make you a competent leader. You will need to practice these skills and gain further experience before returning for assessment.

Pre-requisites

Mountain Training strictly requires that all students are registered prior to commencing the course. The Board will not recognise completion of the course by non-registered participants. Copies of the guidance notes are available from Mountain Training. Bring your logbook to the course fully completed with your experience. You will benefit most from the course if you are fit and have experience of using a map and compass in the mountain environment.

Mountain Training may be contacted at the following address for registration and syllabus enquiries:

Mountain Training
Siabod Cottage
Capel Curig
Conwy
LL24 0ET



Telephone: 01690 720272

Website: www.mountain-training.org

Course Content

The Mountain Training syllabus for the course is closely followed. In particular we will look at the practical skills and techniques required when leading groups, walking and camping in the British mountains. The programme may be revised at short notice to take account of weather and other considerations. A detailed programme and map list will be sent to you one month before the course.

All our staff are dedicated mountaineers and hillwalkers with a great depth of knowledge of the areas we use and will be keen to pass on their knowledge to you.

Min Age 18 years

Course Start Time 9.30 am

Course Finish Time 4.30 pm

Equipment Required

- Food for expedition - time will be made available to visit a supermarket during the course.
- Personal mountain clothing
- Waterproof top and bottoms
- Hat and gloves
- Day rucksack with liner
- Expedition rucksack with liner
- Small first aid kit
- Water bottle
- Vacuum flask
- Walking boots
- Gaiters
- Notebook and pens
- Head torch and batteries
- Compass
- ML Logbook, up to date
- The ML Award Handbook
- Tent, Sleeping mat, Sleeping Bag
- Camp cooking equipment



Recommended Reading List

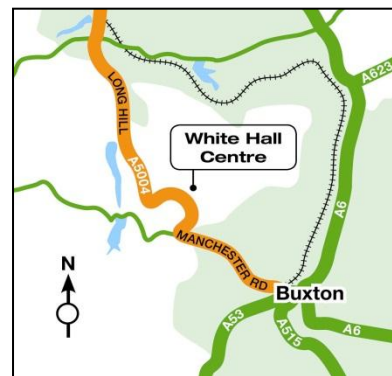
- Hillwalking by Steve Long (Mountain Training official publication)
 - Mountain Navigation by Peter Cliff
 - Looking at Weather by Ingrid Holfard
 - Mountain Weather by Pedgley
 - Weather for Hillwalkers & Climbers by M Thomas
- www.mountain-training.org – website of Mountain Training

Reading relevant magazines is also a good way to keep abreast of current issues.

Where to find us

White Hall is 3 miles north of Buxton on the A5004.

Landranger map sheet 119
1:50,000 Grid ref: 032 763



Health and Fitness

Please inform the Centre of any medical condition or medication that we should be aware of. Mountain Leader courses are physically and mentally demanding. If you are uncertain of your fitness please discuss this with us.

Accommodation

If resident at White Hall, accommodation is in dormitories with bunks and duvet quilts. All meals are provided by the Centre except during the expedition.

Insurance

Please note that the course fee does not include insurance against cancellation, personal injury, loss or damage, which is not caused by negligence on the part of Derbyshire County Council or its employees, agents or subcontractors. This should be arranged by yourselves.

Emergency Contact

Please ensure that at the start of the course the Centre has up to date contact details. In case of emergency, contact with course members may be made through the office (01298 23260) or on the payphone 01298 23893.

Cancellation

The Centre reserves the right to cancel any course, which is under subscribed. In the unlikely event of this occurring alternative arrangements will be offered or fees refunded.

Please note that in the event of you having to cancel your place on this course the following criteria will apply:

- Within one month of the course date - full payment will still be payable.
- Over one month of the course date - 25% will be payable.

Course Fees:

£360.60 Non Resident with Lunches and Evening Meal included

£392.20 Resident with Full Board Accommodation

Applications

Application forms and fees (please make cheques payable to Derbyshire County Council) should be returned as soon as possible to:-

White Hall Centre

Long Hill

BUXTON

Derbyshire

SK17 6SX

Telephone: 01298 23260

Fax: 01298 25945

e-mail: white.hall@derbyshire.gov.uk





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MOUNTAIN LEADER TRAINING - APPLICATION FORM

Please tick the appropriate box: Resident: Non Resident:

Course No: **3247(D)** From: **14 MARCH 2015** To: **15 MARCH 2015**

Course No: **3251** From: **11 APRIL 2015** To: **12 APRIL 2015**

Course No: **3253(C)** From: **25 APRIL 2015** To: **26 APRIL 2015**

Surname: _____ First Name(s): _____ Sex: M/F

D.O.B. _____ Home Address: _____

Post Code: _____ Daytime Telephone Number: _____

email address: _____

MTE Registration Number: _____

Details of any medical condition, illness/ medication we should be aware of:

Name and address of family doctor: _____

Special diets (Please tick the appropriate boxes): Vegan Vegetarian:

If vegetarian, please show which of the following you **do eat**:

Fish: Eggs: Dairy Produce:

Other special diets - please give details: _____

To be signed by all applicants:

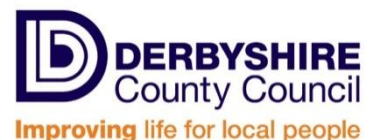
I have read and agree to abide to the Conditions of Booking as detailed overleaf.

Signed: _____ Date: _____

Please return this form together with your fee to:

White Hall Centre
Long Hill
BUXTON
Derbyshire
SK17 6SX

Telephone: 01298 23260
Fax: 01298 25945
email: white.hall@derbyshire.gov.uk



Conditions of Booking

1. I understand the nature of the course and agree to abide by all safety regulations.
2. I understand that in the event of accident, loss or damage, the County Council will be responsible for its own liability including neglect attributable to its employees in the course of their duty.
3. I understand that the course fee **does not** include insurance against cancellation, personal injury, loss or damage to equipment whilst on the course.
4. I understand that in the event of having to cancel my place on this course the following criteria will apply:
 - Within 1 month of the course date - full payment will still be payable
 - Over 1 month of the course date - 25% will be payable.