



# <u>COURSE NO: 3280</u> <u>MOUNTAIN LEADER ASSESSMENT</u> 26 – 30 OCTOBER 2015

The assessment takes place over five days and follows the Mountain Leader Award syllabus. This is mainly a practical assessment with some theory sessions in the evening. The leadership assessment will usually involve work with a small group of young people on a Dark Peak day walk. Whenever possible, candidates will be given the opportunity of being reassessed on any weak areas that may emerge during the course. A formal review and individual results are given on the final afternoon.

## Pre-requisites

Assessment pays a lot of attention to the log book and cannot be made without a suitably informative record of your past experience.

The logbook should be fully completed including:

- Record of ML training course or evidence of exemption.
- Presentable and up to date record of experience
- A minimum 40 quality mountain days walking in the UK or Ireland
- A minimum of 8 nights camping, at least 4 of which are 'wild camping'
- Personal profile page completed by a referee.

Check that your first aid certificate is current and acceptable to Mountain Training.

You will be required to complete a 'Home Theory Paper' and return it to the Centre prior to the course. This will be sent to you one month before the course.

Mountain Training may be contacted at the following address for registration

and syllabus enquiries: Mountain Leader Training UK Siabod Cottage Capel Curig Conwy LL24 0ET

Telephone: 01690 720272 Website: <u>www.mountain-training.org</u>

## **Course Content**

The programme will include assessment in all aspects of the Mountain Leader syllabus. Please note that the nature of an assessment means that candidates judgement will be tested. This involves a level of risk above that found in normal instructed courses. Candidates should be aware of and prepared for this. The programme may be revised at short notice to take account of weather and other considerations. A detailed programme will be sent to you one month before the course.

All our staff are dedicated mountaineers and hillwalkers with a great depth of knowledge of the areas we use and will be keen to pass on their knowledge to you.

Min Age 18 years

Course Start Time9.30 amCourse Finish Time4.30 pm

## Equipment Required

- Assessment candidates are expected to provide all their own equipment. You should bring all normal clothing and footwear suited to operating in Mountain Leader terrain. You will be asked to demonstrate what you need to carry as a Mountain Group Leader
- Food for expedition
- ML Logbook, up to date
- The ML Award Handbook
- First Aid Certificate





### **Recommended Reading List**

- Hillwalking by Steve Long (Mountain Training official publication)
- Mountain Navigation by Peter Cliff
- Looking at Weather by Ingrid Holfard
- Mountain Weather by Pedgley
- Weather for Hillwalkers & Climbers by M Thomas
- www.mountain-training.org website of Mountain Training

Reading relevant magazines is also a good way to keep abreast of current issues.

#### Where to find us

White Hall is 3 miles north of Buxton on the A5004.

Landranger map sheet 119 1:50,000 Grid ref: 032 763

#### **Health and Fitness**



Please inform the Centre of any medical condition or medication that we should be aware of. Mountain Leader courses are physically and mentally demanding. If you are uncertain of your fitness please discuss this with us.

#### **Accommodation**

If resident at White Hall, accommodation is in dormitories with bunks and duvet quilts. All meals are provided by the Centre except during the expedition.

#### <u>Insurance</u>

Please note that the course fee does <u>not</u> include insurance against cancellation, personal injury, loss or damage, which is not caused by negligence on the part of Derbyshire County Council or its employees, agents or subcontractors. This should be arranged by yourselves.

#### **Emergency Contact**

Please ensure that at the start of the course the Centre has up to date contact details. In case of emergency, contact with course members may be made through the office (01298 23260) or on the payphone 01298 23893.

#### **Cancellation**

The Centre reserves the right to cancel any course, which is under subscribed. In the unlikely event of this occurring alternative arrangements will be offered or fees refunded.

Please note that in the event of you having to cancel your place on this course the following criteria will apply:

- Within one month of the course date full payment will still be payable.
- Over one month of the course date 25% will be payable.

#### **Course Fees:**

£357.40 Non Resident with Lunches and Evening Meal included

£391.80 Resident with Full Board Accommodation

#### **Applications**

Application forms and fees (please make cheques payable to Derbyshire County Council) should be returned as soon as possible to:-

White Hall Centre Long Hill BUXTON Derbyshire SK17 6SX Telephone: 01298 23260 Fax: 01298 25945 e-mail: white.hall@derbyshire.gov.uk











## **MOUNTAIN LEADER ASSESSMENT**

## **APPLICATION FORM**

Please tick the appre	opriate box:	Resident:		Non Resident:		
Course No: 3280 From: 26 OCTOBER 2015 To: 30 OCTOBER 2015						
Surname: First Name(s):				Sex: M/F		
D.O.B	Home Ad	ddress:				
Post Code: email address:	-	-				
MTE Registration No	umber:					_
Details of any medic	al condition, il	Iness/ medic	ation w	e should be av	vare c	of:
Name and address of family doctor:						
Special diets (Please tick the appropriate boxes): Vegan				Vegetaria	n:	_
If vegetarian, please	show which c	of the following	ng you <u>q</u>	do eat:		
Fish: Eggs	s: Dai	ry Produce:				
Other special diets	- please give o	details:				

#### To be signed by all applicants:

I have read and agree to abide to the Conditions of Booking as detailed overleaf.

Signed: \_\_\_\_\_

Date:

## Please return this form together with your fee to:

White Hall Centre Long Hill BUXTON Derbyshire SK17 6SX

Telephone: Fax: email:

01298 23260 01298 25945 white.hall@derbyshire.gov.uk



- 1. I understand the nature of the course and agree to abide by all safety regulations.
- 2. I understand that in the event of accident, loss or damage, the County Council will be responsible for its own liability including neglect attributable to its employees in the course of their duty.
- 3. I understand that the course fee <u>does not</u> include insurance against cancellation, personal injury, loss or damage to equipment whilst on the course.
- 4. I understand that in the event of having to cancel my place on this course the following criteria will apply:
  - Within 1 month of the course date full payment will still be payable
  - Over 1 month of the course date 25% will be payable.

