



White Hall

Outdoor Education centre



COURSE NO: 3280(B) **LOWLAND LEADER ASSESSMENT** **26 – 27 OCTOBER 2015**

The assessment takes place over two days and follows the Lowland Leader syllabus. This is mainly a practical assessment with some theory sessions in the evening. Candidates are advised to prepare fully and refer to the 'Lowland Leader Handbook'. It is important that candidates are aware of the award requirements. A formal review and individual results are given on the final afternoon.

Optional: After successful completion of assessment for the Lowland Leader Award a candidate can choose to attend a two day Expedition Skills Module which is delivered as a combined training and assessment course. The module covers leading overnight expeditions, remote supervision and teaching navigation. For more information contact Mountain Training. **NB This optional element is necessary to qualify to become a D of E Supervisor.**

Pre-requisites

Mountain Training strictly requires that all candidates are registered prior to commencing the course (registration for the Hill and Moorland Leader Award formerly the Walking Group Leader Award and the Mountain Leader Award are not appropriate). The Board will not recognise completion of the course by non-registered participants. Copies of the guidance notes are available from Mountain Training.

The logbook should clearly detail your past walking experience. It is an integral part of the assessment and should be fully completed including:

- Record of Hill and Moorland Leader Award formerly the WGL or ML training course or evidence of exemption.
- Logbook pages showing experience since training, with at least 20 days walking in the appropriate terrain (see syllabus).
- Personal profile page completed by a referee.
- Check that your first aid certificate is current and acceptable to Mountain Training.

You will be required to complete a 'Home Theory Paper' and return it to the Centre prior to the course. This will be sent to you one month before the course.

Mountain Training may be contacted at the following address for registration and syllabus enquiries:

Mountain Training
Siabod Cottage
Capel Curig
Conwy
LL24 0ES

Telephone: 01690 720272

Website: www.mountain-training.org



Course Content

The programme will include assessment in all aspects of the Lowland Leader syllabus. This involves a level of risk above that found in normal instructed courses. Candidates should be aware of and prepared for this. The programme may be revised at short notice to take account of weather and other considerations. A detailed programme will be sent to you one month before the course.

All our staff are dedicated mountaineers and hillwalkers with a great depth of knowledge of the areas we use and will be keen to pass on their knowledge to you.

Min Age 18 years

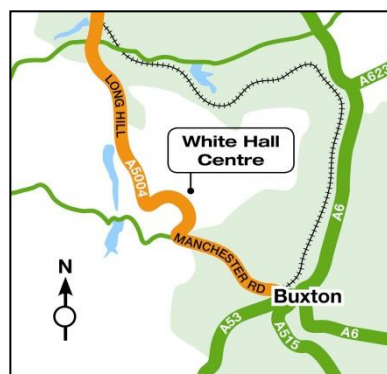
Course Start Time 9.30 am

Course Finish Time 4.30 pm

Where to find us

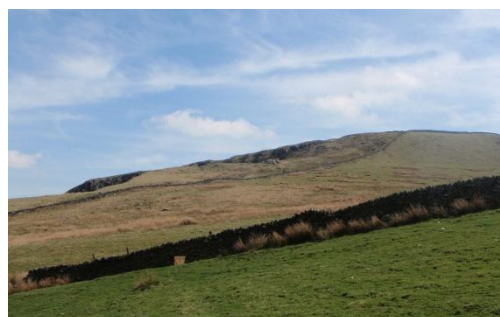
White Hall is 3 miles north of Buxton on the A5004.

Landranger map sheet 119
1:50,000 Grid ref: 032 763



Equipment Required

- Assessment candidates are expected to provide all their own equipment. You should bring all normal clothing and footwear suited to operating in Lowland Leader terrain. You will be asked to demonstrate what you need to carry as a Lowland Group Leader
- Completed Log Book
- First Aid Certificate
- You will need the following maps, either laminated or in a waterproof case:
 - 1:25,000 White Peak
 - 1:25,000 Dark Peak
 - 1:50,000 Landranger - Peak District



Useful Books

It is highly recommended that you should read through the relevant chapters in 'Hillwalking' by Steve Long in preparation for the more theoretical aspects of the course.

- Hillwalking by Steve Long (Mountain Training official publication)
- Mountain Navigation by Peter Cliff
- Looking at Weather by Ingrid Holfard
- Mountain Weather by Pedgley
- Weather for Hillwalkers & Climbers by M Thomas
- www.mountain-training.org – website of the MT

Reading relevant magazines is also a good way to keep abreast of current issues.

Health and Fitness

Please inform the Centre of any medical condition or medication that we should be aware of. Lowland Leader courses are physically and mentally demanding. If you are uncertain of your fitness please discuss this with us.

Accommodation

If resident at White Hall, accommodation is in dormitories with bunks and duvet quilts. All meals are provided by the Centre.

Insurance

Please note that the course fee does not include insurance against cancellation, personal injury, loss or damage, which is not caused by negligence on the part of Derbyshire County Council or its employees, agents or subcontractors. This should be arranged by you.

Emergency Contact

Please ensure that at the start of the course the Centre has up to date contact details. In case of emergency, contact with course members may be made through the office (01298 23260) or on the payphone 01298 23893.

Cancellation

The Centre reserves the right to cancel any course, which is under subscribed. In the unlikely event of this occurring alternative arrangements will be offered or fees refunded.

Please note that in the event of you having to cancel your place on this course the following criteria will apply:

- Within one month of the course date - full payment will still be payable.
- Over one month of the course date - 25% will be payable.

Course Fees:

£151.90 Non Resident with Lunches and Evening Meal included

£167.70 Resident with Full Board Accommodation

Applications

Application forms and fees (please make cheques payable to Derbyshire County Council) should be returned as soon as possible to:-

White Hall Centre

Long Hill

BUXTON

Derbyshire

SK17 6SX

Telephone: 01298 23260

Fax: 01298 25945

e-mail: white.hall@derbyshire.gov.uk





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LOWLAND LEADER ASSESSMENT

APPLICATION FORM

Please tick the appropriate box: Resident: Non Resident:

Course No: **3280(B)** From: **26 OCTOBER 2015** To: **27 OCTOBER 2015**

Surname: _____ First Name(s): _____ Sex: M/F

D.O.B. _____ Home Address: _____

Post Code: _____ Daytime Telephone Number: _____

email address: _____

MTE Registration Number: _____

Details of any medical condition, illness/ medication we should be aware of:

Name and address of family doctor: _____

Special diets (Please tick the appropriate boxes): Vegan Vegetarian:

If vegetarian, please show which of the following you **do eat**:

Fish: Eggs: Dairy Produce:

Other special diets - please give details: _____

To be signed by all applicants:

I have read and agree to abide to the Conditions of Booking as detailed overleaf.

Signed: _____ Date: _____

Please return this form together with your fee to:

White Hall Centre
Long Hill
BUXTON
Derbyshire
SK17 6SX

Telephone: 01298 23260
Fax: 01298 25945
email: white.hall@derbyshire.gov.uk



Conditions of Booking

1. I understand the nature of the course and agree to abide by all safety regulations.
2. I understand that in the event of accident, loss or damage, the County Council will be responsible for its own liability including neglect attributable to its employees in the course of their duty.
3. I understand that the course fee **does not** include insurance against cancellation, personal injury, loss or damage to equipment whilst on the course.
4. I understand that in the event of having to cancel my place on this course the following criteria will apply:
 - Within 1 month of the course date - full payment will still be payable
 - Over 1 month of the course date - 25% will be payable.