**Kit List**

**PLEASE NAME ALL CLOTHING & SHOES**

Warm Coat/Jacket for activities

Water Bottle/Flask

Wellingtons

2 pairs of Outdoor Shoes /Trainers (1 old pair for wet activities)

Indoor shoes/slippers

Plenty of old clothes as they will get wet/muddy during activities

 T-shirts/shirts

Shorts (summer only)

Trousers/Tracksuit Bottoms/Leggings

Sweatshirts/Fleeces

Casual clothes for indoors

Bin liner for dirty clothes

 Underwear and socks

 Thick socks to wear with walking boots

Torch

Wash kit and Towel

Pyjamas/Night clothes

**SUMMER**

In the summer make sure you bring plenty of sun protection. Midge repellent is also strongly recommended.

**WINTER**

In the winter bring plenty of warm clothing including hats and gloves.

We provide waterproofs and walking boots. You can bring your own but please don’t buy them for this trip.