

Kit List

PLEASE NAME ALL CLOTHING & SHOES

Warm Coat/Jacket for activities

Water Bottle/Flask

Wellingtons

2 pairs of Outdoor Shoes /Trainers (1 old pair for wet activities)

Indoor shoes/slippers

Plenty of old clothes as they will get wet/muddy during activities

T-shirts/shirts

Shorts (summer only)

Trousers/Tracksuit Bottoms/Leggings

Sweatshirts/Fleeces

Casual clothes for indoors

Bin liner for dirty clothes

Underwear and socks

Thick socks to wear with walking boots

Torch

Wash kit and Towel

Pyjamas/Night clothes

SUMMER

In the summer make sure you bring plenty of sun protection. Midge repellent is also strongly recommended.

WINTER

In the winter bring plenty of warm clothing including hats and gloves.

We provide waterproofs and walking boots. You can bring your own but please don't buy them for this trip.